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# University of Pretoria Yearbook 2018

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## Human movement studies and sport management 312 (JMB 312)

<b>Qualification</b>	Undergraduate
<b>Faculty</b>	<a href="#">Faculty of Education</a>
<b>Module credits</b>	15.00
<b>Programmes</b>	<a href="#">BEd Senior Phase and Further Education and Training Teaching</a>
<b>Prerequisites</b>	JMB 212 and JMB 222
<b>Contact time</b>	3 lectures per week
<b>Language of tuition</b>	Afrikaans and English are used in one class
<b>Department</b>	Humanities Education
<b>Period of presentation</b>	Semester 1

### Module content

Effects of physical activities on the human body, energy sources, etc. Exercise and fitness factors, principles of gymnasium practice. Revision of general managerial principles (year 1-2). Specialisation in the legal principle of sport. Dealing with stress and conflict in the domain of Sport Management.

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